Are you looking for some friendly, on-campus competition? Then you’ve come to the right place. Calumet College of St. Joseph Office of Student Activities intramural programs provide voluntary recreational sports opportunities to participate in, both as a team or as an individual. These recreational sports provide a great mix of competition, exercise, recreation and fun in a relaxed, yet structured environment. This is a perfect way to get active and enhance your college experience.
Mission

The Office of Student Activities’ intramural mission is to provide students, faculty, and staff participants with opportunities that promote health, fitness, and wellness through a variety of structured and informal recreational sport activities. These opportunities will be purposeful in fostering the growth of one’s spirit, mind, and body.

WHAT ARE INTRAMURAL ACTIVITIES?
Intramural activities are a variety of organized leagues, tournaments, and sports activities.

WHY GET INVOLVED
Intramural teams are formed through common bonds or associations of competition and sport within the Calumet College of St. Joseph community. These activities promote fair play and strengthen school spirit. Intramural activity is also a great way to meet new people, relieve stress, and build self-esteem, as well as provide leadership opportunities for those who participate.

HOW DO I GET INVOLVED
The process is easy. You and a couple of friends or some classmates can form a team. Each team roster requires a team name, captain/co-captain, and player information. It is important to get all team players’ names, ID numbers, email addresses and classifications (undergraduate student, graduate student, faculty/staff, and alumni). Once you have gotten a squad together, you have to go online to IMLeague.com and register. Each sport has its own schedule so register EARLY! To find out when a sport’s registration period is in season, check our Intramural Sports Schedule for each semester. If you have questions about registration stop by the Student Activity Center in Room 157. We advise attempting to register on the FIRST DAY of the registration period. Just one person for your team will need to fill out the registration form.
Participant Eligibility

The Intramural Sports Program is open to all fee paying CCSJ students, faculty, staff, alumni, and Ivy Tech (East Chicago and Gary locations) participants who meet the following requirements:

- **Students** - Full or part time students who are currently enrolled at Calumet College of St. Joseph or Ivy Tech Community College (East Chicago or Gary locations only).
- **Faculty and Staff** - Full or part time Calumet College of St. Joseph and Ivy Tech Community College faculty and staff members.
- **Alumni** - Alumni of Calumet College of Saint Joseph (alumni of Ivy Tech are not eligible).

Free Agent Players

Any individuals that are interested in participating, but do not have a team can register as a “Free Agent.” Free agents are encouraged to message captains of teams “Looking for Players” to let them know you are looking to join a team or create a new team with other free agents.

Rosters

A participant may play on one single-gender team (Men’s or Women’s), and also play on one team in the Co-ed team in the same sport. Once a participant has played for a team, they may not switch to another team. Teams can only have two members of a contracted sport participate on that team. For example during Indoor Soccer season a team can only have 2 members of that season’s varsity roster.

Those who have not played on any Intramural Activities team in a league, who are also eligible to play in the league, may be added to a team roster at any time. To be added to a roster, participants must...
Participation Waivers
Participation in Intramural Activities is strictly voluntary. There are risks inherent to participation in sports and recreation. Calumet College of St. Joseph does not assume responsibility for personal injuries. All participants are required to complete a waiver of liability form, which is required at time of sign up. Calumet College of St. Joseph, its employees and agents shall not be liable for injury to person, nor loss/damage to personal property arising from or in any way resulting from participation in Intramural Activities. We recommend that all participants get a physical examination from their doctor prior to playing in Intramural Activities.

Intramural Activities Budget
The Intramural Activities program is funded by the Services and Activities Fee students pay with tuition. The budget is also funded by the fees charged to non-CCSJ student participants.

Intramural Fees
CCSJ is pleased to offer all current enrolled students free participation in Intramural Activities. The Services and Activities Fee students pay which is included in tuition covers the cost of intramurals! CCSJ Faculty, Staff, and Alumni who wish to participate must pay a $30 per semester fee to the Business Office. Ivy Tech current students, faculty, and staff who wish to participate must pay a $40 fee to Calumet College of St. Joseph’s Business Office located in Room 123.

T-Shirt Policy/Uniform Guidelines
Matching colored jerseys will be required in all athletic intramurals. Futsal requires each goalie to have a different color shirt than his/her teammates and opponents. One or two-digit numbers are required on the back of shirts in basketball and must be at least 3 inches tall.

Teams will have the opportunity to select a team color during the sign up process of the sport. White, gray, and other colors that could be perceived as white or gray will not be permitted (teams may not select yellow, as that is the color our Sports Officials wear). The team is required to have all players wear the SAME SHADE of color to every game. All teams will also be required to bring an alternate white jersey to each game. Prior to game time the Intramural coordinator or coach, in conjunction with the game officials, will determine if a conflict exists regarding jersey colors. The team in violation of the policy will be asked to wear their alternate white jerseys. In the event they do not have an alternate white jersey and cannot field the minimum number of players for the game, the team will forfeit. If two teams are wearing the same jersey color and do not have alternate jerseys, teams must work together to ensure the game is played (e.g., by sharing alternate white shirts with the other team). If neither team has their alternate white jerseys, thus causing a game not to be played, both teams will forfeit their contest.
Team Captain Responsibilities
The primary duty and responsibility of team captains is to organize teams and individuals in competition prior to the specific sign up deadlines. The captain is responsible for informing their team of the rules governing the specific activities, as well as the time and place they will play their games. Captains will be held responsible for the behavior of the teammates and spectators. Prior to the game/activity, the captain is responsible for ensuring that all players have signed in with the Intramural Staff person on site (preferably 15 minutes prior to the start of game/activity). Captain must be familiar with all intramural eligibility rules so that their team can adhere to the rules. Ensuring that players meet the eligibility requirements is also the captain’s responsibility. Following the game, both captains must sign the score sheet to confirm that the game is recorded correctly and may give official comments if they choose. Captains are urged to notify all players and fans that alcohol, tobacco, and other illegal substances are prohibited on all Intramural playing sites and that no one is allowed to participate while under the influence of said substances. Additional captain duties include representing your team or organization at the appropriate intramural captains’ meeting.

Additional Captain Responsibilities
Pre-season responsibilities:
- Select a team name and division (mens, womens, & co-rec).
- Determine days and time the team CAN NOT play.
- Complete the league entry form.
- Read and be familiar with the Intramural Sports Handbook as well as the specific rules for your sport.
- Ensure that all team members understand and abide by intramural policies and procedures.

Return to Play
Any participant who has sustained an injury that requires a physician’s referral (including concussion) will be required to be cleared by their physician prior to resuming participation in an Intramural Sports activity. The Intramural staff will then flag the player as ineligible until they bring a signed note from the physician to the Intramural office indicating they have been cleared for participation

Playing Rules
The rules in all sports are based on national association rules with modifications, when appropriate, to make the activity safe and enjoyable for the players while attempting to maintain the identity of the game. Intramural Activities reserves the right to modify playing rules at any time to meet the best interests of the league. The rules of each sport are available for download on the Intramural website. Recreation Supervisors have the authority to rule on items not specifically covered in the rules in cases which the contest officials cannot come to a decision. The Intramural staff may also assess conduct penalties which the game officials do not call in order to ensure proper safety and sportsmanship, and may default or end games prior to normal conclusion, if deemed necessary. A game becomes official after half of its normal length has been completed.
Improper Use of Identification
If an Intramural Staff person determines that an individual is attempting to check-in with false identification in order to participate in an Intramural Activities contest, the ID will be confiscated and that individual will not be allowed to play. The individual will be ejected and asked to show proper identification. If the individual refuses or fails to show proper identification or cooperate fully with the staff on site, the team captain may also be ejected from the contest. If a captain is ejected due to a participant not providing proper identification, the captain will have the right to remove that player from their roster for the remainder of the quarter. If the Intramural Activities staff determines that the team captain was aware of the individual’s use of improper identification, then that team may default their game and be subject to removal from the league.

Illegal Equipment
Jewelry (rings, watches, necklaces, ankle bracelets, earrings, rubber bands, etc.) and casts are prohibited. Placing tape or Band-Aids over jewelry will not be allowed. Participants will be required to remove any Band-Aids, tape or head/sweat bands which, in the opinion of the Intramural Sports staff, may be covering a piece of jewelry. Religious medallions may be worn so long as they are taped to the body or tucked into clothing. Medical alert bracelets must be taped with proper information visible. Proper shoes are required in all sports except sand volleyball. Combat boots, barefoot running shoes and metal cleats are strictly prohibited for activities where physical contact could occur. Knee braces are permitted with approved protective covers (neoprene or pants).

Protests
Only protests based on questions of player eligibility and rule interpretation, when the misinterpretation affects the outcome of the game will be accepted. All protest must be made by, the latest, 12:00pm of the day after the game in question. If the next game is that same day, the protest must be turned in immediately following the protested game. Protests which challenge the accuracy of a judgment call made by the officials or Intramural Sports staff must be made by the team captain at the time of the incident. Once a situation has passed, it is no longer subject to change or protest. Any team protesting eligibility must provide the player(s) in question’s full name. In the playoffs, if an eligibility protest is found valid, the protesting team advances, but the previous rounds remain the same. Teams may be randomly screened for ineligible players without a protest being filed.

A team which participates with an ejected/ineligible player in a regular, playoff, or championship game shall forfeit the game.
Defaults
Any team knowing in advance that they are unable to play a regularly scheduled contest must contact the Intramural Coordinator (kpaterson@ccsj.edu) by 5pm the business day prior to the game to request a default. When a team elects to default they will be charged with a loss. Once the default has been granted by the Intramural Coordinator, the request cannot be overturned. The opposing team will be contacted by the Intramural Coordinator to inform them they do not need to arrive for the scheduled event. Two defaults equal one forfeit. Defaulting within a tournament and/or postseason play will eliminate the team/individual from further competition.

Forfeits
Games will be started on time! If a team is not at the game site, signed in (team must be signed in 10 minutes before the game) and ready to play by the time the game is scheduled to start then that team will be charged a forfeit. In order for a team to receive a forfeited win, they must have the minimum number of players present and signed in. If neither team is signed in and ready to play at game time, both teams will receive a forfeit. Two forfeits will result in that team’s removal from the season and championship tournament.
It is the team captain’s responsibility to stay in touch with the intramural office about all schedules, forfeit status, and any other information regarding the team’s eligibility.
In all cases, a team will automatically be removed from the league if it fails to show up for a second time.

Cancellations and Rescheduling
Games may be canceled due to poor field/court conditions or poor traveling conditions. During inclement weather, any intramural or athletic staff member may cancel games. Teams will be contacted through email and text if games are canceled as early as possible. Players should not assume games will be canceled, as weather is very unpredictable. For outside games, if thunder is heard within 30 seconds of seeing lightning, games will be postponed. All participants must leave the playing area and seek shelter until the supervisors deem the area safe for play. Games will resume 30 minutes after the thunder and lightning have moved away. Playoff games will be canceled and/or rescheduled only due to weather and/or poor playing conditions.
PLAYER CONDUCT

Any participant who is ejected from a contest for poor sportsmanship or abusive conduct will be ineligible for that team's next game. The ejected individual may also face further suspension once the Intramural Coordinator reviews the situation.

Sportsmanship is vital to the conduct of every Intramural contest. Officials, administrative personnel, and supervisors shall make decisions on whether to warn, penalize, or eject players off teams for poor sportsmanship in order to encourage proper conduct during games. These decisions are final. The Intramural Coordinator will rule on further penalties as a result of unsportsmanlike conduct.

Before an ejected player is allowed to participate in further competition, he/she must report to the Intramural Director for reinstatement.

Penalties range from:
- Warning.
- Suspension for one or more games.
- Suspension for the remainder of the season.
- Suspension for remainder of the semester, year, or remainder of tenure at Calumet College.
- Referral to the Dean of Students for further disciplinary actions.

The following may be considered as evidence of unsportsmanlike conduct: profanity; unnecessary delay of the game; striking or shoving an opponent; arguing with officials concerning decisions (discussion is allowed as long as it is done in a mature manner by the team captain); possession of alcoholic beverages, illegal drugs or narcotics; derogatory and abusive remarks toward an opponent or official; touching an official; any action with the intent to physically injure an opponent or official; any action which may potentially cause equipment or facility damage; any action which shows disregard for the rules or policies of the Intramural Program.

All team members will suffer the same consequences of any disciplinary action taken by the Intramural Office against that team for violation of the Intramural rules.

A team captain is responsible for actions by an individual member of that team and/or for spectators directly related to the team. The conduct of the players and spectators before and after the game is just as important as the conduct during the game. An organization will be held responsible for its conduct at these times as well as during the game.

Alcoholic beverages are not permitted during Intramural play and are not allowed at any Intramural locations. This applies to both players and fans. Any alcoholic beverage found in the area will result in Campus Security being called. This is a campus policy and any team found to be in violation may forfeit the remainder of the season. Further, any person thought to be intoxicated will be asked to vacate the Intramural location. Any person not cooperating when asked will cause his/her team to forfeit the game and face disciplinary action. The offending person will be required to meet with the Director of Intramurals within 24 hours of the violation or before the next contest.
**Injuries and Insurance**
In the event of any injury, the injured party is responsible for payment of all ambulance, emergency, and/or medical charges for treatment received. Intramural activities intrinsically involve risks of physical injury greater than those encountered in daily life, and by taking part in these and other physical activities; participants acknowledge and assume risks inherent therein. Intramural Activities does not carry accident or injury insurance to cover participants in sports activities. Therefore, all students are strongly urged to purchase health insurance before participating in any activity.

**Feedback for Officials**
During each contest, Intramural Sports Officials are monitored and evaluated by the Intramural coordinator and staff. These evaluations are used as a basis for improving job performance. At the conclusion of the contest, team captains are asked to sign the score sheet approving the final score, as well as to give written feedback on game officials. These comments should be written with the intent to help improve the quality of the officiating in our program and in no way have an effect on the official’s employment status or future regular season assignments.

**Incident Reports**
Any injuries or incidents of violence, intoxication, or abusive conduct during intramural activities should be reported. An incident report form must be filled out by the team captain, an official, or a team member who witnessed the incident within 24 hours and submitted to the Intramural Coordinator. The Incident Report form can be found online.
WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT (OFF CAMPUS ACTIVITY)

Release executed by (Name of Student-Print) __________________________ to Calumet College of St. Joseph, Whiting, Indiana.

In consideration of being permitted to participate in Student Club Intermural Activities at Calumet College of St. Joseph to be held during the FALL 2014 AND SPRING 2015 semesters at various location, I, the undersigned, hereby in advance Release, Wavier, FOREVER DISCHARGE, AND CONVENAT NOT TO SUE Calumet College of St. Joseph College, its trustees, employees, and any students acting as such (hereinafter referred to as the RELEASEES), from and against any and all liability for any harm, injury, damage, claims, actions, causes of actions, costs, demands and expenses of any nature whatsoever which I may have or which may hereafter accrue to me, arising out of or related to any loss, damage, or injury, including but not limited to suffering and death, that may be sustained by me, or to any property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OR CARELESSNESS OF THE RELEASEES, or otherwise, while participating in Student Club Intermural Activities in the United States, or while in, on, upon, or in transit to or from the premises where the activity is being conducted.

I have signed this RELEASE, WAIVER, DISCHARGE AND CONVENAT NOT TO SUE in full recognition and appreciation of the dangers and hazards involved in this activity, which include but are not limited Student Club Intermural Activities at sites in Indiana, travel and other activities. I also know that unanticipated and unexpected dangers may arise during such activities. I FURTHER UNDERSTAND THAT SERIOUS ACCIDENTS OCCASIONALLY OCCUR DURING STUDENT CLUB INTERMURAL ACTIVITIES OCCASIONALLY SUSTAIN MORTAL OR SERIOUS PERSONAL INJURIES, AND/OR PROPERTY DAMAGE, AS A CONSEQUENTIAL OF PARTICIPATING IN THESE ACTIVITIES. Knowing the risks of such activities, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above (RELEASEES) who through negligence or carelessness or otherwise might be liable to me (or my heirs or assigns) for damages.

I VOLUNTARILY PARTICIPATE IN STUDENT CLUB INTERMURAL ACTIVITIES AT CALUMET COLLEGE OF ST. JOSEPH AND ANY SITES IN INDIANA, AND VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING BUT NOT LIMITED TO SUFFERING AND/OR DEATH, whether foreseen or unforeseen, that may be sustained by me, or any loss or damage to property owned by me, as a result of my participation in said activity or any independent research or activities taken as an adjunct thereto, including but not limited to instructions, training, and incidental operations, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES or otherwise. I understand and agree that RELEASEES assume no responsibility for any injury or damage which might arise out of or in connection in any way with my participation in said activity or any independent research or other activities taken as adjunct thereto including but not limited to instructions, training, and incidental operations.

I understand and agree that RELEASEES do not have medical personnel available at the location of the activity. I understand and agree that RELEASEES are granted permission to authorize emergency medical treatment, if necessary, and that such action by RELEASEES shall be subject to the terms of this agreement. I understand and agree that RELEASEES assume no responsibility for any injury or damage which might arise out of or in connection with such authorized emergency medical treatment.

It is my express intent that this release and hold harmless agreement shall bind the members of my family and spouse, if I am alive, and my estate, heirs, administrators, personal representatives, or assigns, if I am deceased, and shall be deemed as RELEASEES. I further agree TO SAVE AND HOLD HARMLESS, INDEMNIFY AND DEFEND RELEASEES from any claim by me, or my family, arises out of my participation in Student Club Intramural Activity.

I hereby further agree that this agreement be construed in accordance with the laws of the State of Indiana.

IN SIGNING THIS RELEASE, I ACKNOWLEDGE AND REPRESENT THAT I have fully informed myself of the contents of the foregoing Waiver of Liability and Hold Harmless Agreement by reading it before I sign it, that I understand it and that I sign this document voluntarily as my own free act and deed; no oral representations, statements or inducements, apart from the foregoing written agreement, have been made. I further state that I am at least eighteen (18) years of age and fully competent to sign this agreement, and that I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

If any term or provision of this Agreement shall be illegal, unenforceable, or in conflict with any law governing this Agreement, the validity of the remaining portions shall not be affected thereby.

IN WITNESS THEREOF, I have executed this release on (Date) __________________________.

HIS IS A RELEASE – READ BEFORE SIGNING

WITNESS

____________________________________________________
Signature

STUDENT/PARTICIPANT

____________________________________________________
Signature
Student Activities General Waiver

Students are required to submit the below form BEFORE participating in any event sponsored by Calumet College of St. Joseph’s Office of Student Activities. This is required every semester a participant is eligible and registers for an Intramural league.

Emergency Contact Name * First * Last
Emergency Contact Phone Number *

WAIVER and RELEASE AGREEMENT
INDEMNITY and HOLD HARMLESS AGREEMENT
In consideration for any and all of the below, transportation to and from any event participation in any Calumet College of Saint Joseph extra-curricular activity, use of the college’s facilities, and participation in intramural and club sports. I agree to indemnify and hold harmless Calumet College of Saint Joseph, as well as its officers, directors, employees, agents, volunteers, and representatives for any loss or claim of any kind including loss of property, damage to property, economic loss, breach of contract, deceptive trade practices act violation, personal injury or death, whether or not the loss of property, property damage, economic loss, breach of contract, deceptive trade practices act violation, personal injury or death was the fault of or was caused, in whole or in part, by the alleged or actual negligence or contributory negligence including alleged or actual gross negligence of Calumet College of Saint Joseph, or the alleged or actual negligence or contributory negligence including alleged or actual gross negligence of any officer, director, agent, employee, volunteer, or representative of Calumet College of Saint Joseph. As indicated by my electronic signature below, this agreement binds my family members and spouse, my heirs, my assigns, and my personal representatives.

Assumption of Risk Agreement
By my signature below, I accept responsibility for my participation in all intramural events and recreational classes organized by the Office of Student Activities as well as the use of the school’s facilities. My participation in any physical activity is on a voluntary basis and I acknowledge that I am aware that any type of physical exercise, whether part of a directed exercise program or an independent exercise program, carries an inherent risk of physical injury. This risk can include injuries to muscle, bone, ligaments, or tendons, injuries to internal organs and the skin, injuries to the brain and spinal cord possibly resulting in paralysis, and injuries that may result in other permanent conditions up to and including death. In addition, I acknowledge that it is my responsibility to exercise in a safe and prudent manner within my personal and mental exercising limits. If I do not understand how to use a piece of equipment, or know how to exercise in a safe and prudent manner within my physical and mental exercising limits, it is also my responsibility to seek the advice of a staff member or other exercise specialist before engaging in that particular activity. I also understand that, regardless of my present physical condition, it is highly recommended that I have a physical and health screening by a qualified medical professional before I begin any exercise program.

BY VOLUNTARY SUBMISSION OF MY SIGNATURE BELOW, I ACKNOWLEDGE THAT I HAVE READ, UNDERSTOOD AND AGREE TO ABIDE WITH ALL SECTIONS OUTLINED ABOVE.

Signature ____________________________ Date ____________________
Intramural Sports – Team Registration Form
(SAMPLE)

For additional information regarding registration contact the Intramural Administrator. Please remember teams must register through IMLEAGUE.com

Team Name:________________________________________ Intramural Sport:________________________
Captain:________________________________________ Email:________________________ Phone:________________________
Co. Captain:_____________________________________ Email:________________________ Phone:________________________

(Team captains must be a team member and listed on Intramural Sports Roster below.)

There are inherent risks and hazards when participating in intramural activities and open gym event at Calumet College of St. Joseph. The injuries incurred could be severe, including risk of fracture, brain injury or other catastrophic injury, even death.

I have read the above statement and understand that there are risks and hazards inherent when participating in intramural activities and open gym at Calumet College of St. Joseph. I agree to indemnify and hold harmless Calumet College of St. Joseph, its employees and contracted employees and waive my right to make claim if an injury should occur.

I give my consent for my photos to be used for any lawful purpose and in any media produced or maintained by Calumet College of St. Joseph.

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I understand that I’m responsible for insuring the eligibility of my team and of its members. I agree to attend all scheduled Captains’ Meetings and relay sports schedules, rules and any other pertinent information to my team.

Captain’s Signature:________________________ Date:________________________