



Your University of Choice

PSY 343X COURSE SYLLABUS

Term:

Course: Adult Development and Aging

Instructor Information:

Instructor Name	Jacqueline La Fave, Ed.S., NCSP
Office Number:	# 181 or #518
Phone Number:	708-296-3781 (cell phone for emergency ONLY)
Email:	jlafave@ccsj.edu
Hours Available:	By appointment only
Instructor Background: Graduate of Valparaiso University in Valparaiso, Indiana. Currently employed by Gary Community School Corporation as the Lead School Psychologist.	

Course Information:

Course Time:	
Course Time:	Thursday 4:00-6:30 PM
Classroom:	CCSJ 209
Prerequisites:	PSY 100 and 210 or permission of program director
Required Books and Materials:	Mandatory: Journey of Adulthood (8th Edition) 8th Edition, by Barbara R. Bjorklund Ph.D., ISBN-13: 978-0205970759 Aging with Grace, by David Snowdon, ISBN-13: 978-0553380927
Learning Outcomes/ Competencies: Students in this course will: <ul style="list-style-type: none">• Develop an understanding of the changes that take place within individuals as they progress from emerging adulthood to the end of life.• Discuss recent changes in American cultural norms that have blurred the distinction between adolescence and adulthood.• Demonstrate knowledge of the scientific method, research designs, and typical lifespan studies.	
Course Description: The student will explore the aging process from early adulthood to death. Biological, cognitive, social and personality aspects and development will be considered.	
Learning Strategies: Lecture, small group work, student presentations, and group projects.	

Experiential Learning Opportunities:Experiencing/Exploring “Doing”

Students will perform or do a hands-on minds-on experience with little or no help from the instructor. Examples might include: Making products or models, role-playing, giving a presentation, problem-solving, playing a game.

Sharing/Reflecting “What Happened?”

Students will share the results, reactions and observations with their peers. Students will also get other peers to talk about their own experience, share their reactions and observations and discuss feelings generated by the experience. The sharing equates to reflecting on what they discovered and relating it to past experiences which can be used for future use.

Assessments:

Major Assignments:	This course will include the following teaching and learning methods: lecture, individual application exercises, small group activities, class discussions, outside reading assignments, and homework assignments.	<p><i>There will be one multiple choice Final Exam.</i></p> <p><i>The Final Exam will be worth 100 points. The exam is based on both the textbook and lectures, with heavy emphasis on the textbook, thus outside reading is required.</i></p> <p><i>Mid-term Reaction Paper: Based on the film Away From Her (2006) will be worth 50 points</i></p>
Class Participation	Class participation is a large component of this class. Attendance is required and will be taken via weekly quizzes.	<p><i>Quizzes = 10 points each (140 points total including the Pre-Test)</i></p> <p><i>There will be NO MAKEUP for these points.</i></p>
Group Project	There will be one group project assigned during the semester.	<i>Group Project is worth 50 points.</i>
	Total points possible	340 points

Course Schedule:

Class Date	In-Class Work	Homework
Week 1: 9/3/15	Introductions, Syllabus, Expectations, Pre-test Quiz (online, worth 20 points)	<p>Take Pre-Test on Blackboard Due by 9/9/15</p> <p>Readings for following class: Chapter 1. Introduction to Adult Development</p>

Week 2: 9/10/15	Lecture, Quiz (ch. 1)	Readings for following class: Chapter 2. Physical Changes
Week 3: 9/17/15	Lecture, Quiz (ch. 2) Watch the film <i>Away From Her</i>	Readings for following class: Chapter 3. Health and Health Disorders
Week 4: 9/24/15	Lecture, Group Project Assigned, Quiz(ch.3)	Readings for following class: Chapter 4. Cognitive Abilities
Week 5: 10/1/15	Lecture, Quiz(ch.4)	Readings for following class: Chapter 5. Social Roles
Week 6: 10/8/15	Lecture, Quiz(ch.5)	Readings for the following class: Chapter 6. Social Relations
Week 7: 10/15/15	Lecture, Quiz(ch.6)	Readings for the following class: Chapter 7. Work and Retirement
Week 8: 10/22/15	No Class Online Lecture and Quiz(ch.7) via Blackboard	Readings for the following class: Chapter 8. Personality Use this time to work on Group Projects!!
Week 9: 10/26/15	Lecture, Quiz(ch.8) Reaction Papers Due	Readings for the following class: Chapter 9. The Quest for Meaning
Week 10: 10/29/15	Lecture, Quiz(ch.9)	Readings for the following class: Chapter 10. Stress, Coping, and Resilience
Week 11: 11/5/15	Lecture, Quiz(ch.10)	Readings for the following class: Chapter 11. Death and Bereavement
Week 12: 11/12/15	Lecture, Quiz(ch.11)	Readings for the following class: Chapter 12. The Successful Journey
Week 13: 11/19/15	Lecture and Quiz(ch.12)	Final Exam review will be posted on Blackboard
Week 14: 11/26/15	No Class Thanksgiving	Review for Final Exam
Week 15: 12/3/15	Group Presentations Due Complete Final Exam via Blackboard	Final Exam will be posted starting 11/30/15 and will be available until midnight on 12/4/15.

I reserve the right to change this schedule to meet the needs of the class.

Responsibilities	
Attending Class	You cannot succeed in this class if you do not attend. We believe that intellectual growth and success in higher education occur through interaction in the classroom and laboratories. However, we do not want to penalize students for participating in college-sponsored events. When you miss class because of a college event, you must give notice of your absence <i>in advance</i> , and you are responsible for all missed work. Being absent doesn't excuse you from doing class work; you have more responsibilities to keep up and meet the objectives of this course.
Turning In Your Work	You cannot succeed in this class if you do not turn in all your work on the day it is due. LATE work will not be accepted unless you make arrangements prior to the due date.
Using Electronic Devices	Electronic devices can only be used in class for course-related purposes. If you text or access the Internet for other purposes, you may be asked to leave, in which case you will be marked absent.
Participating in Class	You must be on time, stay for the whole class and speak up in a way that shows you have done the assigned reading. If you are not prepared for class discussion, you may be asked to leave, in which case you will be marked absent.
Doing Your Own Work	If you turn in work that is not your own, you are subject to judicial review, and these procedures can be found in the College Catalog and the Student Planner. The maximum penalty for any form of academic dishonesty is dismissal from the College. Using standard citation guidelines, such as MLA or APA format, to document sources avoids plagiarism. The Library has reference copies of each of these manuals, and there are brief checklists in your Student Handbook and Planner. PLEASE NOTE: All papers may be electronically checked for plagiarism.
Withdrawing from Class	After the last day established for class changes has passed (see the College calendar), you may withdraw from a course by following the policy outlined in the CCSJ Course Catalog.

Resources

Student Success Center:	The Student Success Center provides faculty tutors at all levels to help you master specific subjects and develop effective learning skills. It is open to all students at no charge. You can contact the Student Success Center at 219 473-4287 or stop by the Library.
Disability Services:	Disability Services strives to meet the needs of all students by providing academic services in accordance with Americans with Disabilities Act (ADA) guidelines. If you believe that you need a “reasonable accommodation” because of a disability, contact the Disability Services Coordinator at 219-473-4349.
CCSJ Alerts:	<p>Calumet College of St. Joseph’s emergency communications system will tell you about emergencies, weather-related closings, or other incidents via text, email, or voice messages. Please sign up for this important service annually on the College’s website at: http://www.ccsj.edu/alerts/index.html.</p> <p>In addition, you can check other media for important information, such as school closings:</p> <p>Internet: http://www.ccsj.edu Radio: WAKE – 1500 AM, WGN – 720 AM, WIJE – 105.5 FM, WLS – 890 AM, WZVN – 107.1 FM, WBBM NEWS RADIO 78 TV Channels: 2, 5, 7, 9, 32</p>