

# **PSYCHOLOGY 100**

## **INTRODUCTION TO PSYCHOLOGY**

**Instructor:** Margaret C. Dust, Ph.D.  
**Phone:** (219) 865-1416  
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**Office Hours:** Monday 11:00 - 12:00 p.m. 3:00 p.m. by appointment  
Wednesday 11:00 - 12:00 p.m. 3:00 p.m. by appointment  
**Required Text:** Myers, D.G. (2014, 9th Ed.). *Exploring Psychology*. Worth Publishers, N.Y.

### **Course Description**

This course surveys the field of psychology. Fundamental concepts of the discipline drawn from experimentation and research are stressed. Biology of behavior, personality, abnormal psychology, development, learning, memory and perception are studied to provide the student with a basis for further study of psychology and for applying the tools and methods of psychology to everyday living. 3 credit hours.

### **Learning Outcomes/ Competencies**

Students in this course will:

1. Be introduced to a wide range of experience known as psychology
2. Will be introduced to the discipline from a developmental-historical perspective be applied to understand why people do what they do

### **Course Objectives**

1. Describe the nature of psychology as a science.
2. Use the concepts and major theories of the discipline to account for psychological phenomena.
3. Explain the major perspectives of psychology: behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic, and sociocultural.
4. Demonstrate knowledge of selected content areas of psychology:
  - a. Theory and research representing each of the following four general domains:
    - (1) learning and cognition
    - (2) individual differences, personality and abnormal psychology, including those related to sociocultural and international dimensions

- (3) biological bases of behavior and mental processes, including physiology, sensation, perception, and emotion
    - (4) developmental changes in behavior and mental processes across the life span
  - b. The history of psychology.
  - c. Overarching themes and/or enduring conflicts in psychology, such as
    - (1) the interaction of heredity and environment
    - (2) variability and continuity of behavior and mental processes within and across species
    - (3) the interaction of mind and body
  - d. relevant ethical issues, including a general understanding of the APA Code of Ethics
5. Explain different research methods used by psychologists: descriptive research, correlational research, experimental research.
6. Use critical thinking effectively.
- a. Evaluate the quality of information, including differentiating empirical evidence from speculation and the probable from the improbable
  - b. Evaluate popular media reports of psychological research
  - c. Seek and evaluate scientific evidence for psychological claims
7. Describe major applied areas of psychology; clinical, counseling, industrial/organizational, school, social workers, and counselors.
8. Apply psychological concepts, theories, and research findings as these relate to everyday life.
9. Distinguish between ethical and unethical behavior in all aspects of the science and practice of psychology.
10. Demonstrate these computer skills:
- a. Use basic word processing, email
  - b. Search the World Wide Web for high quality information
  - c. Use proper etiquette and security safeguards when communicating through email

## COURSE INFORMATION

### **Attendance:**

Class should not be missed. Therefore, students who miss class will be asked to drop the class. If you continue to miss after the drop date, you will receive an **F**. You are allowed the equivalent of 1 week of absence, or two absences.

### **Tardiness:**

Roll will be taken at each and every class. If you are not in your seat when roll is taken, you will be marked absent. Being late is rude and disruptive to the class and other students.

### **Exiting Class:**

Students are to remain in their seats until class is dismissed.

### **Cell Phones and Electronic Devices:**

**There are NO cell phones or electronic devices allowed in class.** They are to be turned off and put away. If they are not, you will be asked to leave the class. There will be no texting.

### **Academic Integrity:**

Academic misconduct includes but is not limited to cheating, encouraging academic dishonesty, fabrication, plagiarism, bribes, favors, threats, grade tampering, non-original work, and examination by proxy. If an incident of academic misconduct occurs, the instructor has the option to adjust grades downward, award a failing grade for the semester, or seek further sanctions against the student.

### **Assignments:**

Assignments can be completed with fellow students. However, it is never wise to just copy as you will be taking exams alone!

**Assignments are NOT accepted late.** If you miss class, you will receive a **A0** for that homework. Plan ahead! IF YOU ARE AN ATHLETE, the assignment must be turned into my box BEFORE the class. It will not be accepted late. **eMail: Assignments are NOT accepted via email.**

### **Tutoring Center:**

Tutoring is open to all students at Calumet College of St. Joseph. Room 166 (in the library). The telephone number is; 219-473-4387 or cfrank@ccsj.edu.

## **CCSJ ALERT**

There is an emergency communications system that transmits messages via text, email, and voice platform. Those students registered with the system will receive incident specific messages notifying them of the situation.

**<http://www.ccsj.edu/alerts/in>**

## **Make-Ups**

Make-ups for any exams are at the discretion of the instructor. Do not assume that you will be allowed to make work up. All serious illnesses require a doctor's note.

NOTE: You require permission BEFORE any EXAM.

## **Withdrawals:**

The instructor would appreciate it if you notify her of your withdrawing. Do NOT assume that the instructor will withdraw you! A written request detailing the reason(s) for the withdrawal must be filed with the registrar. The Registrar must receive the written request for withdrawal by the last day of classes prior to the final examination period specified in the catalogue. Phone number is: 219-473-4212, or registrar@ccsj.edu Room 119. Please make note of the refund schedule. If you do not withdraw yourself from class, I must issue a "FW" as your grade (failure to withdraw). It looks very poor on your transcript.

## **Incompletes:**

Incompletes cannot be given by the instructor for non-attendance or poor grades.

## **American Disability Act:**

Students with diagnosed disabilities or physical disabilities that interfere with learning should notify the instructor. Please contact the office in Room 100E or 219-473-4349 or aszczepaniksanchez@ccsj.edu.

## **Athletes:**

Please notify the instructor if you are an athlete and what sport you play. Athletes must notify instructor of games. No excuses for practices.

## **Evacuation:**

In case of an emergency such as a fire, all students are to immediately leave the classroom and the building. The instructor will see that all students have safely evacuated. If you need help, please indicate this to the instructor.

**Grades:**

**QUIZZES:** 75% of the grade.

There will be 12 Quizzes. A quiz will be given after each chapter is completed.

Each quiz: 20 points

One quiz may be missed or if you take all 12, the lowest grade will be dropped.

So, 11 quizzes = 220 points

A = 198 points

B = 176 points

C = 154 points

D = 132 points

**PAPER:** 20% of the grade.

**Paper:** 44 points

A = 40 points

B = 35 points

C = 31 points

D = 26 points

**Paper is DUE March 27, 2017.** No exceptions.

Instructions will be given.

**ATTENDANCE:** 5% of the grade. 2 misses = A

**More than 2 misses = 0.**

## SCHEDULE

January 9	Introduction
January 11	Chapter 1 Psychology as a Science
January 18	Chapter 1 Psychology as a Science
January 23	Chapter 2 Biology of Behavior
January 25	Chapter 2 Biology of Behavior
January 30	Chapter 2 Biology of Behavior
February 1	Chapter 3 Consciousness and the Two-Track Mind
February 6	Chapter 3 Consciousness and the Two-Track Mind
February 8	Chapter 4 Development Through Life
February 13	Chapter 4 Development Through Life
February 15	Chapter 4 Development Through Life
February 20	Chapter 6 Sensation and Perception
February 22	Chapter 6 Sensation and Perception
<b>February 27 &amp; March 1</b>	<b>SPRING BREAK</b>
March 6	Chapter 7 Learning
March 8	Chapter 7 Learning
March 13	Chapter 8 Memory
March 15	Chapter 8 Memory
March 15	Chapter 9 Intelligence
March 20	Chapter 9 Intelligence
March 22	Chapter 10 Motivation & Emotion
March 27	Chapter 10 Motivation & Emotion
March 29	Chapter 12 Personality
April 3	Chapter 12 Personality
April 5	Chapter 14 Psychological Disorders
April 10	Chapter 14 Psychological Disorders
April 12	Chapter 14 Psychological Disorders
April 17	Chapter 15 Therapy
April 19	Chapter 15 Therapy
April 19	Wrap up

