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**Calumet College**

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**of Saint Joseph**

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*Calumet College of St. Joseph is a Catholic institution of higher learning dedicated to the academic, spiritual and ethical development of undergraduate and graduate students. Informed by the values of its founding religious community, the Missionaries of the Precious Blood (C.P.P.S.), the College promotes the inherent dignity of all people, social justice, an ethic of service, student empowerment, opportunity, and lifelong learning.*

**COURSE SYLLABUS, Spring 2020****Course: PSY 100 A****Instructor Information:**

<b>Instructor Name</b>	Dr. James P. Sullivan
<b>Office Number:</b>	
<b>Phone Number:</b>	219-616-1976
<b>Email:</b>	jsullivan1@ccsj.edu
<b>Hours Available:</b>	12pm-9pm
<b>Instructor Background:</b>	

**Instructor Background:**

**BS Engineering, West Point; MA Business, Webster University; Doctorate of Education, Organizational Leadership, Argosy University Chicago.**

**Infantry Officer, paratrooper, Ranger, Army Aviator, helicopter and fixed-wing, 3 years overseas service.**

**Licensed Professional Engineer, Electrical Engineering; Owner of Sullivan Technology, engineering firm and Sullivan Consulting, separate leadership consulting firm; Consultant with Civil & Environmental Consultants, Inc., Chicago; Certified Myers-Briggs Practitioner in private practice.**

**Adjunct at Purdue NW and Prairie State College.**

**Married, seven children and ten grandchildren.**

**Adjunct at CCSJ since 2013.**

**Course Information:**

<b>Course Time:</b>	
<b>Course Time:</b>	Monday & Wednesday, 1:45-3:15pm
<b>Classroom:</b>	TBA
<b>Prerequisites:</b>	None
<b>Required Books and Materials:</b>	INTRODUCTION TO PSYCHOLOGY: Gateways to Mind and Behavior by Coon, D and Mitterer, J.O., 15th edition.
<b>Learning Outcomes/ Competencies:</b>	

Students in this course will:

Be introduced to a wide range of experience known as psychology

Be introduced to the discipline from a developmental-historical perspective

Be introduced to how the discipline will be applied to understand why people do what they do

Students will be able to orally deliver a presentation with a clear central idea that is logically developed, supported by convincing evidence and valid reasoning, and expressed using language and delivery choices thoughtfully adapted to the audience.

**Course Description:** This course surveys the field of Psychology. Fundamental concepts of the discipline drawn from experimentation and research are stressed. Social psychology, personality, abnormal psychology, development, learning, memory and perception are studied to provide the student with a basis for further study of psychology and for applying the tools and methods of psychology to everyday living.

**Learning Strategies:**

Lecture and Power Points, research project and paper, quizzes and midterm and final exam.

**Experiential Learning Opportunities:**

Problem-based learning activities, research leading to presentations.

**Assessments:**

**Major Assignments:**

Eight quizzes, 4% each; (32%);  
Midterm exam, 20%;  
Typology project; 8%  
Topic Presentation, 10%  
Final exam, 25%  
Attendance and participation, 5%  
**Homework is reading each chapter, conducting presentation research and participating in a typology exercise. Estimated time required for homework averages just over three hours per day.**

**Class Participation:**

With attendance and comporment, 5% of grade.

**Grading Scale:**

100 – 90: A  
90- to 80: B  
80- to 70: C  
70- to 60: D  
Below 60: F

### Course Schedule:

Class Date	Assignments	Class Discussion/Activities
13 Jan 2020	Read Ch 1	Intro, Ch 1 Lecture, PPT
15 Jan	Read Ch 2	Ch2 Lec, PPT, Quiz (1)
22 Jan	Read Ch 3	Ch 3 Lec, PPT
27 Jan	Read Ch 4	Ch 4 Lec, PPT, Quiz (2,3)
29 Jan	Read Ch 5	Ch 5 Lec, PPT
3 Feb	Presentation topics	Topics explained and selected
5 Feb	Read Ch 6	Ch 6 Lec, PPT, Quiz (4,5)
10 Feb	Read Ch 7	Ch 7 Lec, PPT
12 Feb	Read Ch 8	Ch 8 Lec, PPT, Quiz (6,7)
17 Feb	Read Ch 9	Ch 9 Lec, PPT
19 Feb	Presentation Discussion	How to make a good presentation
24 Feb	Review Midterm	Review 1-9, PPT, Quiz (8,9)
26 Feb	Midterm Exam	Review Ch 1-9, Quizzes
9 Mar	Appendices 1, 2, & 3.	Basics of Statistics
11 Mar	Read Ch 10	Ch 10 Lec, PPT
16 Mar	Read Ch 11	Ch 11 Lec, PPT
18 Mar	Read Ch 12	Ch12Lec, PPT,Quiz (10,11)
23 Mar	Presentations	Presentations,
25 Mar	Typology: Basics & Project	Discuss Typology Project
30 Mar	Read Ch 13	Ch 13 Lec, PPT, Presentations
1 Apr	Read Ch 14	Presentations, Quiz (12, 13, Stats)
6 Apr	Read Ch 14	Ch 14 Lec, PPT, Presentations
8 Apr	Presentations	Presentations
13 Apr	Presentations	Presentations
15 Apr	Read Ch 16	Presentations, PPT, Quiz (14, 16)
20 Apr	Typology Project	Typology Discussion
22 Apr	Psych Videos and Meditation.	Psych Videos and Meditation Prac.
27Apr	Review for Final	Ch 10-14, App 1,2,3 &Quizzes
29 Apr	Final Exam	Ch 10-14, App 1,2,3 &Quizzes

I reserve the right to change this schedule to meet the needs of the class.

Chapters 15 & 16 may be deleted and replaced with research library periods, depending on success of typology projects.

### Responsibilities

<b>Attending Class</b>	You cannot succeed in this class if you do not attend. We believe that intellectual growth and success in higher education occur through interaction in the classroom and laboratories. However, we do not want to penalize students for participating in college-sponsored events. When
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	<p>you miss class because of a college event, you must give notice of your absence in advance, and you are responsible for all missed work. Being absent doesn't excuse you from doing class work; you have <b>more</b> responsibilities to keep up and meet the objectives of this course.</p> <p>If you miss class, you must notify somehow within 24 hours. 5 unexplained absences will be a failure.</p>
<b>Turning In Your Work</b>	<p>You cannot succeed in this class if you do not turn in all your work on the day it is due.</p> <p>Late work will lose one grade.</p>
<b>CCSJ Student Honor Code</b>	<p>This course asks students to reaffirm the CCSJ Student Honor Code:</p> <p>I, as a student member of the Calumet College academic community, in accordance with the college's mission and in a spirit of mutual respect, pledge to:</p> <ul style="list-style-type: none"> <li>• Continuously embrace <b>honesty and curiosity</b> in the pursuit of my educational goals;</li> <li>• Avoid all behaviors that could impede or distract from the academic progress of myself or other members of my <b>community</b>;</li> <li>• Do my own work with <b>integrity</b> at all times, in accordance with syllabi, and without giving or receiving inappropriate aid;</li> <li>• Do my utmost to act with commitment, inside and outside of class, to the goals and <b>mission</b> of Calumet College of St. Joseph.</li> </ul>
<b>Using Electronic Devices</b>	No electronic devices are allowed in this class.
<b>Participating in Class</b>	You must be on time, stay for the whole class and speak up in a way that shows you have done the assigned reading. If you are not prepared for class discussion, you may be asked to leave, in which case you will be marked absent.
<b>Doing Your Own Work</b>	<p>If you turn in work that is not your own, you are subject to judicial review, and these procedures can be found in the College Catalog and the Student Planner. The maximum penalty for any form of academic dishonesty is dismissal from the College.</p> <p>Using standard citation guidelines, such as MLA or APA format, to document sources avoids plagiarism. The Library has reference copies of each of these manuals, and there are brief checklists in your Student Handbook and Planner.</p> <p><b>PLEASE NOTE:</b> All papers may be electronically checked for plagiarism.</p>
<b>Tracking Your Progress</b>	Your midterm grade will be available on MyCCSJ between Weeks 6 and 8. Be sure to see how you're doing and follow up with your instructor.
<b>Sharing Your Class Experience</b>	At the end of the term, you will have the opportunity to evaluate your classroom experience. These confidential surveys are <b>essential</b> to our ongoing efforts to ensure that you have a great experience that leaves you well prepared for your future. Take the time to complete your course

	evaluations – we value your feedback!
<b>Withdrawing from Class</b>	After the last day established for class changes has passed (see the College calendar), you may withdraw from a course by following the policy outlined in the CCSJ Course Catalog.

<b>Resources</b>	
<b>Student Success Center:</b>	The Student Success Center provides faculty tutors at all levels to help you master specific subjects and develop effective learning skills. It is open to all students at no charge. You can contact the Student Success Center at 219 473-4287 or stop by the Library.
<b>Disability Services:</b>	Disability Services strives to meet the needs of all students by providing academic services in accordance with Americans with Disabilities Act (ADA) guidelines. If you believe that you need a “reasonable accommodation” because of a disability, contact the Disability Services Coordinator at 219-473-4349.
<b>Student Assistance Program</b>	Through a partnership with Methodist Hospital, Calumet College of St. Joseph provides a free Student Assistance Program (SAP) to current students. The SAP is a confidential counseling service provided to students for personal and school concerns which may be interfering with academic performance and/or quality of life. The SAP counselor is available on campus once a week and off-site at their Employee Assistance Program (EAP) office in Merrillville or Gary. For more information, contact the SAP Counselor, at 219-736-4067.
<b>CCSJ Alerts:</b>	Calumet College of St. Joseph’s emergency communications system will tell you about emergencies, weather-related closings, or other incidents via text, email, or voice messages. Please sign up for this important service annually on the College’s website at: <a href="http://www.ccsj.edu/alerts/index.html">http://www.ccsj.edu/alerts/index.html</a> .

## Emergency Procedures

### MEDICAL EMERGENCY

#### EMERGENCY ACTION

1. Call 911 and report incident.
2. Do not move the patient unless safety dictates.
3. Have someone direct emergency personnel to patient.
4. If trained: Use pressure to stop bleeding.
5. Provide basic life support as needed.

### FIRE

#### EMERGENCY ACTION

1. Pull alarm (located by EXIT doors).
2. Leave the building.
3. Call 911 from a safe distance, and give the following information:
  - Location of the fire within the building.
  - A description of the fire and how it started (if known)

### BUILDING EVACUATION

1. All building evacuations will occur when an alarm sounds and/or upon notification by security/safety personnel. **DO NOT ACTIVATE ALARM IN THE EVENT OF A BOMB THREAT.**
2. If necessary or if directed to do so by a designated emergency official, activate the building alarm.
3. When the building evacuation alarm is activated during an emergency, leave by the nearest marked exit and alert others to do the same.
4. Assist the disabled in exiting the building! Remember that the elevators are reserved for persons who are disabled. **DO NOT USE THE ELEVATORS IN CASE OF FIRE. DO NOT PANIC.**
5. Once outside, proceed to a clear area that is at least 500 feet away from the building. Keep streets, fire lanes, hydrant areas and walkways clear for emergency vehicles and personnel. The assembly point is the sidewalk in front of the college on New York Avenue.
6. **DO NOT RETURN** to the evacuated building unless told to do so by College official or emergency responders.

### IF YOU HAVE A DISABILITY AND ARE UNABLE TO EVACUATE:

Stay calm, and take steps to protect yourself. If there is a working telephone, call 911 and tell the emergency dispatcher where you are **or** where you will be moving. If you must move,

1. Move to an exterior enclosed stairwell.
2. Request persons exiting by way of the stairway to notify the Fire Department of your location.
3. As soon as practical, move onto the stairway and await emergency personnel.
4. Prepare for emergencies by learning the locations of exit corridors and enclosed stairwells. Inform professors, and/or classmates of best methods of assistance during an emergency.

### HAZARDOUS MATERIAL SPILL/RELEASE

#### EMERGENCY ACTION

1. Call 911 and report incident.
2. Secure the area.

3. Assist the injured.
4. Evacuate if necessary.

## TORNADO

### EMERGENCY ACTION

1. Avoid automobiles and open areas.
2. Move to a basement or corridor.
3. Stay away from windows.
4. Do not call 911 unless you require emergency assistance.

## SHELTER IN PLACE

### EMERGENCY ACTION

1. Stay inside a building.
2. Seek inside shelter if outside.
3. Seal off openings to your room if possible.
4. Remain in place until you are told that it is safe to leave.

## BOMB THREATS

### EMERGENCY ACTION

1. Call 911 and report incident.
2. If a suspicious object is observed (e.g. a bag or package left unattended):
  - Don't touch it!
  - Evacuate the area.

## TERRORISM AND ACTIVE SHOOTER SITUATIONS

### EMERGENCY ACTION

1. Call 911 and report intruder.

## RUN, HIDE OR FIGHT TIPS:

1. **Prepare** – frequent training drills to prepare the most effectively.
2. **Run and take others with you** – learn to stay in groups if possible.
3. **Leave the cellphone.**
4. **Can't run? Hide** – lock the door and lock or block the door to prevent the shooter from coming inside the room.
5. **Silence your cellphone** -- use landline phone line.
6. **Why the landline?** It allows emergency responders to know your physical location.
7. **Fight** – learn to “fight for your life” by utilizing everything you can use as a weapon.
8. **Forget about getting shot – fight!** You want to buy time to distract the shooter to allow time for emergency responders to arrive.
9. **Aim high** – attack the shooter in the upper half of the body: the face, hands, shoulder, neck.
10. **Fight as a group** – the more people come together, the better the chance to take down the shooter.
11. **Whatever you do, do something** – “react immediately” is the better option to reduce traumatic incidents.